Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Period\_\_\_\_\_\_\_\_\_\_

**Knife Skills**

1. Always use **sharp** knives. When using a cutting board what

can you do to keep it from moving?

1. Describe the following knife cuts:

* Julienne:
* Brunoise:
* Small Dice:
* Medium Dice:
* Mincing:
* Diagonal:
* Chiffonade:

1. Describe the proper way to hold your food while cutting food safely (The CLAW):

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